SKILLS WORKSHOP

-summer course 2024-

This workshop is designed to help students stay organized during the school year, develop innovative study habits, and learn different approaches to reading. Topics included:

- Bullet journaling and other organizer & planner methods
 The differences between the
- The differences between the Pomodoro and Deep Work methods of productivity
- The four levels of reading and learning how to read different types of texts
- Different study methods, including Cornell note taking and the Feynman technique
- The importance of "grit" and approaching our work with a sense of "play"

Dates/Times: (10 sessions)

June 24-July 24—Mondays & Wednesdays —11:30 a.m.-12:45 p.m. EST

or

June 25-July 30—Tuesdays & Thursdays
—10:00 a.m.-11:00 a.m. EST
Grades 9-12

COURSE TEXTS/MATERIALS:

- How to Read a Book, by
 Mortimer J. Adler and Charles
 Van Doren ISBN-13: 978-0671212094
- A journal or notebook
- A reliable pen
- A computer or tablet to type on



Instructor: Chris Marchand email: cmarch34@gmail.com